New Members please arrive at **12:30pm** sharp.

Facilitators please arrive at **12:15pm** sharp.

**Facilitator Prep Time 12:15pm – 1:00pm**

Select new member orientation leader, greeter, and facilitators for each section.

**New Member Orientation 12:45pm – 1:15pm**

Welcome to the space and introduction of AWARE-LA organizational model.

All Members please arrive at **1:00pm**.

**Returning Member Check-Ins 1:00pm – 1:15pm**

Informal check-ins, reconnect with each other.

**Welcome and All-Group Check-In 1:15pm – 1:30pm**

Welcome to the Saturday Dialogue. Check in: share your name, your personal gender pronouns (PGPs), and anything else you’d like to share about yourself which could include anything you need in order to fully participate in the dialogue today.

Read Communication Guidelines.

We’d like to go around the circle and ask everyone to say IN ONLY ONE SENTENCE what they’ve been thinking about in terms of race this month.

**Individual Reflection 1:40pm – 1:55pm**

(5 minutes) – Review section of Robin DiAngelo’s article on White Fragility.

(10 minutes) – How is your life experience reflected in DiAngelo’s article?.

**Small Group Discussion 1:55pm – 2:20pm**

White Fragility is a state in which even a minimum amount of racial stress becomes intolerable, triggering a range of defensive moves.

(20 minutes) Share conversations, experiences and challenges you or friends have had that triggered racial stress? What defensive moves (emotions or behaviors) do people respond with when triggered by racial stress?

(5 minutes) Group share out.

**Large Group Discussion 2:20pm- 2:45pm**

1. What can whites do to build the stamina to sustain conscious engagement with race?

2. How can whites respond more constructively to racial stress?

3. Given that many whites have been taught to ignore the realities and complexities of race, how can we help others (as well as ourselves) reflect on the place of White Fragility in their lives?

4. What can be done to ensure that developing children do not develop the inhibiting White Fragility so common in white communities?

**Snack/Break 2:45pm – 2:55pm**

**(Take some time to stretch and move your body)**

**Personal Solidarity /Snack 2:55pm – 3:25pm**

Groups of three have 10 minutes each for sharing/strategizing/active listening on personal/interpersonal issues around race & racism. Ask for timekeeper to make sure each person has 10 minutes. Make time for feedback if desired.

**Announcements & Volunteers 3:30pm – 3:45pm**

• Workgroup Announcements

• Community Announcements

QUESTIONS: Does anyone have any ideas about a different location we could use that would offer a larger space or one that might be closer to public transportation? Please be in touch.

**Pass-the-Hat & Check-Out 3:45pm – 4:00pm**

Pass the hat for AWARE-LA donations. Share 1 plus, 1 change, OR 1 insight from today.